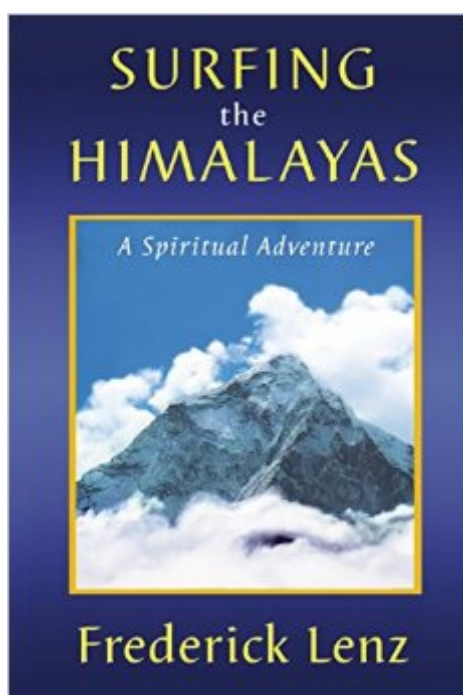


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Surfing The Himalayas 2016 Edition



Synopsis

"Surfing the Himalayas" is the engaging story of a young American snowboarder who travels to the Himalayas seeking the ultimate high -- but surfs into an experience more transcendent than he could have ever imagined. In an accident of karmic destiny, the young man plows into a wizened Buddhist monk named Master Fwap who takes him on as a spiritual apprentice. Using snowboarding as a path to enlightenment, the charming and learned Master Fwap shows how, by freeing the mind and challenging the soul, one can master any mountain -- and master oneself. Literary Reviews: "In search of his spiritual roots, an American who journeys to the Himalayas for the ultimate snowboarding meets a Buddhist Monk and finds his life transformed. This tells of the young man's unexpected encounter with spiritual enlightenment, and is based on Dr. Lenz's own experiences in Nepal. Written as a novel, it's especially recommended for those interested in spiritual journeys." -- Midwest Book Review "A magnificent journey to the mountain within." -- Lynn Andrews, author of Medicine Woman

Book Information

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Average Customer Review: 3.9 out of 5 stars Â Â See all reviews Â (91 customer reviews)

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Customer Reviews

The story revolves around this L.A. surfer-type who goes off to the Himalayas to achieve the ultimate snowboarding high. One day he snowsurfs right into this monk, Master Fwap Sam-Dup, the last Master of the Rae Chorze-Fwaz School of Tantric Mysticism and Buddhist Enlightenment. So he apologizes most profusely, and the monk assures him that it's perfectly alright since it's their karmic destiny to meet. "You can call me Master Fwap if you like." The rest of the book is basically the long and unlikely conversation that ensues. Not to downgrade the profound effect this book had

on me, but one must ignore the quotable quotes on its covers. It is not "a magnificent journey to the mountain within," and much less a collection of "wise approaches to living a much happier life." It's closer to (but not exactly) Bill and Ted on a hilarious marathon trip to nirvana. The snowboarding guy is a confused (non-too bright) American politely asking lots of unenlightened questions about astral travel, auric repatterning, and the second attention. If you don't know too much about Buddhism, this is a pretty good introduction to the basics. For true believers, a fair and entertaining summary. A number of people have complained that this book subscribes to "the usual California school of new-age philosophy" and runs like "an interview with a 12-year old," but they obviously failed to see it in its original context. After all, Master Fwap does say that an outrageous sense of humor is the second sign of an enlightened Master and this, after all, is a very funny book. The absolute pure simplicity of it just knocks me out. Like The Tao of Pooh, it's a western text that casually demystifies eastern philosophy. But like a good koan, it whacks you on the head harder.

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